

January 2021

Challis School District #181
Breakfast and Lunch Menu

Monday	Tuesday	Wednesday	Thursday
4 Beef Nachos Refried Beans Churro Baby Carrots Fruit Variety Milk	5 Corn Dogs Potato Wedges Baked Beans Tossed Salad w/Ranch Fruit Variety Milk	6 Chicken Drumsticks Mashed Potatoes & Gravy Green Beans Dinner Roll Fruit Variety Milk	7 Pepperoni Calzone Garlic Breadstick Tossed Salad w/Ranch Baby Carrots Fruit Variety & Milk
<i>Breakfast</i> Apple Cinnamon Toast Fresh Fruit Milk & Juice	<i>Breakfast</i> Egg & Cheese Omelet Toast & Jelly Fruit, Milk, & Juice	<i>Breakfast</i> Smucker's PB&J Fruit, Milk, & Juice	<i>Breakfast</i> Cold Cereal & Toast Yogurt & Fresh Fruit Milk & Juice
11 Chicken Alfredo Garlic Breadstick Steamed Broccoli Sherbet Cup Fruit Variety Milk	12 Chili Cornbread Corn Tossed Salad w/Ranch Fruit Variety Milk	13 Cheeseburger French Fries Tossed Salad w/Ranch Baby Carrots Fruit Variety Milk	14 Marinara Meatballs Garlic Breadstick Mashed Potatoes Green Beans Fruit Variety Milk
<i>Breakfast</i> French Toast Sticks Syrup Cup Fruit, Milk, & Juice	<i>Breakfast</i> Glazed Donuts Fresh Fruit Milk & Juice	<i>Breakfast</i> Muffin Dunker Parfait Fruit, Milk, & Juice	<i>Breakfast</i> Cold Cereal & Toast Yogurt & Fresh Fruit Milk & Juice
18 Golden Nuggets Tater Tots Green Beans Cookie Fruit Variety Milk	19 Chicken Ranch Wraps Seasoned Diced Potatoes Baby Carrots Graham Crackers Fruit Variety Milk	20 Beef Ravioli Garlic Breadstick Tossed Salad w/Ranch Cucumber Slices Fruit Variety Milk	21 Pizza Rippers Baked Beans Tossed Salad w/Ranch Jello Fruit Variety Milk
<i>Breakfast</i> Maple Sausage Sandwich Yogurt Fruit, Milk, & Juice	<i>Breakfast</i> Rolled Taco Yogurt Fruit, Milk, & Juice	<i>Breakfast</i> Smucker's PB&J Fruit, Milk, & Juice	<i>Breakfast</i> Cold Cereal & Toast Yogurt & Fresh Fruit Milk & Juice
25 Sweet & Sour Chicken Fried Rice Egg Roll Fortune Cookie Fruit Variety Milk	26 Chicken Noodle Soup Breadstick Tossed Salad w/Ranch Banana Cake Fruit Variety Milk	27 Max Cheese Pizza Baked Beans Tossed Salad w/Ranch Cucumber Slices Fruit Variety Milk	28 Chicken & Cheese Crispito Refried Beans Corn & Baby Carrots Tossed Salad w/Ranch Fruit Variety Milk
<i>Breakfast</i> Pancakes on a Stick Syrup Cup Fruit, Milk, & Juice	<i>Breakfast</i> Breakfast Pizza Fruit, Milk, & Juice	<i>Breakfast</i> Muffin Dunker Parfait Fruit, Milk, & Juice	<i>Breakfast</i> Cold Cereal & Toast Yogurt & Fresh Fruit Milk & Juice



Meal items are subject to change without warning.
Water is available at every meal.

*** NOTICE ***

The data contained within this report and the NutriKids Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice.

Please consult a medical professional for assistance in planning for or treating medical conditions.

This institution is an equal opportunity provider.