CHALLIS JOINT SCHOOL DISTRICT #181

OCTOBER

BREAKFAST AND LUNCH MENU

Monday	Tuesday	Wednesday	Thursday
			1 Pulled Pork Sand Sweet Potato Fries Tossed Salad w/Ranch Fruit Variety Milk
Breakfast Egg & Sausage Burrito Yogurt, Fruit Milk, & Juice	Breakfast Cinnamon Pull Apart Fruit, Milk, & Juice	Breakfast Maple Sausage Sandwich Yogurt, Fruit Milk, & Juice	Breakfast Cold Cereal & Toast Yogurt & Fresh Fruit Milk & Juice
05 Sweet and Sour Chicken Rice California Veggies Cookie Fruit Variety & Milk	06 Fettuccini Alfredo Garlic Breadstick Steamed Broccoli Sherbet - Variety Fruit Variety & Milk	07 Beef Nacho Supreme Refried Beans Churros Baby Carrot Slims Fruit Variety Milk	08 9-12th ONLY: Breadstick Cheese Pizza Potato Wedge Tossed Salad w/Ranch Cucumber Slices Fruit Variety & Milk
Breakfast Breakfast Pizza Yogurt Fruit, Milk, & Juice	Breakfast Sausage Sand Fruit, Milk, & Juice Yogurt 7th-12th Only	Breakfast Donut Fruit, Milk, & Juice Yogurt 7th-12th Only	Breakfast Cold Cereal & Toast Yogurt & Fresh Fruit Milk & Juice
12 All Beef Hotdog Potato chips Baked Beans Cookie Fruit and Milk	13 Spaghetti Garlic Breadstick Green beans Cucumber Slices Fruit Variety & Milk	14 Beef Soft Tacos Refried Beans Churros Baby Carrot Slims Fruit Variety & Milk	15 Cheeseburger Tater Tots Tossed Salad w/Ranch Cucumber Slices Fruit Variety Milk
Breakfast French Toast Sticks Maple Syrup Cup Fruit, Milk, & Juice	Breakfast Ham and Cheese Sand Fruit, Milk, & Juice	Breakfast Egg & Cheese Omelet, Toast Fruit, Milk, & Juice Yogurt 7th-12th Only	Breakfast Cold Cereal & Toast Yogurt & Fresh Fruit Milk & Juice
19 Chicken Nuggets Potato Wedges Cucumber Slices Rice Crispy Treat Fruit Variety &Milk	20 9-12th ONLY: Baby Carrots Stuffed potato w/ diced ham and cheese sauce Garlic Breadstick Steamed Broccoli Fruit Variety & Milk	21 Chicken Fried Steak Mashed Potatoes & Gravy Corn/ Baby Carrots Breadstick Fruit & Milk	22 Pepperoni Pizza Rippers Baked beans Baby Carrots Tossed Salad w/Rach Jell-O Fruit & Milk
Breakfast Egg & Sausage Burrito Yogurt, Fruit Milk, & Juice	Breakfast Smucker's PB&J Fruit, Milk, & Juice Yogurt 7th-12th Only	Breakfast Donut Fruit, Milk, & Juice Yogurt 7th-12th Only	Breakfast Cold Cereal & Toast Yogurt & Fresh Fruit Milk & Juice
26 Chicken Ranch Wrap French Fries Baby Carrot Slims Chocolate Pudding Fruit Variety Milk	27 Chicken Patty Sandwich Potato wedge coleslaw Fruit Variety Milk	28 Chicken Queso Bowl Rice, corn Black beans, pico Bread stick Cucumbers and Carrots Fruit & Milk	29 Pretzel Dog Mac and Cheese Baked Beans Tossed Salad w/Ranch Fruit Variety Milk
Breakfast Maple Sausage Sandwich Yogurt, Fruit Milk, & Juice	Breakfast Breakfast Pizza Yogurt Fruit, Milk, & Juice	Breakfast French Toast Sticks Maple Syrup Cup Fruit, Milk, & Juice	Breakfast Cold Cereal & Toast Yogurt & Fresh Fruit Milk & Juice

Meal items are subject to change without warning.
Water is available at every meal.
This institution is an equal opportunity provider.

*** NOTICE ***

This menu contained within this report and the Mosaic Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.